



JSS Mahavidyapeetha, Mysore - 04

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JSS INSTITUTE OF EDUCATION

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PSYCHOLOGY EXPERIMENTS CONDUCTED FOR STUDENT TEACHERS

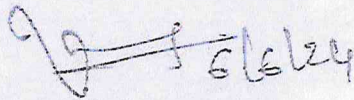


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Hassan Dist

PSYCHOLOGY RECORD

LABORATORY CERTIFICATE

This is to certify that Smt./Sri...Nimitha C. P......
has satisfactorily completed the course of experiments in
practical...P.S.T.T...... prescribed by the University of Mysore
for the degree course in the Laboratory of this college in the
Year 2023 -2024



Signature of the Teacher
Incharge of the Batch



Head of the Department

Date...04/06/.....2024

Name of the Candidate...Nimitha C. P......

Reg. No. U29VH23E0073

Examination Centre JSS Institute of Education

Date of the Practical
Examination



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ಯೋಗ ನಿಯಮಿತ ಯೋಗಗಳು ಮತ್ತು ತಂತ್ರಗಳು

ಬೀಜ

ಯೋಗೋಪಾಸನದ ಒಂದು ಭಾಗವಾಗಿರುವ ಶ್ವೇತೇಶ್ವರ ಯೋಗೋಪಾಸನವು
 ಶಕ್ತಿ ಸಂಸ್ಥೆಗಳು ಮತ್ತು ಯೋಗದ ವಿಕಾಸದ ವಿಕಾಸವನ್ನು ಅಭ್ಯಾಸ
 ಮಾಡುವುದಾಗಿದೆ. ನಿಯಮಿತ ಯೋಗೋಪಾಸನದ ತಂತ್ರಗಳನ್ನು ಶಕ್ತಿಯ
 ಕ್ಷೇತ್ರದಲ್ಲಿ ಉಪಯುಕ್ತವಾಗಿ ಪ್ರಯೋಗಿಸುವುದರ ಜೊತೆಗೆ ಶ್ವೇತೇಶ್ವರ ಯೋಗೋಪಾಸನ
 ವು ಶ್ವೇತೇಶ್ವರ ಶಾಖೆಯಾಗಿ ಉದಯವಾಗುವುದು ಹೇಳುವುದು. ಯೋಗೋಪಾಸನವು
 ಇತರ ಸ್ವಾಭಾವಿಕ ಉಪಾಸನ ಹಾಗೂ ಇದು ಶಾಂತ ಮತ್ತು
 ಅಸ್ವೇದನೀಯವಾದ ಅಂಶಗಳನ್ನು ಹೊಂದಿದೆ. ಇದು ಯೋಗದ
 ಮೂಲತಂತ್ರಗಳನ್ನು ಮತ್ತು ಸೂತ್ರಗಳನ್ನು ತಿಳಿಸಿಕೊಂಡು ಯೋಗದ ವಿಕಾಸವನ್ನು
 ಅಭ್ಯಾಸ ಮಾಡಲು ಅಸ್ವೇದನೀಯವಾದ ಯೋಗದ ಸಲಹೆ ತಂತ್ರಗಳನ್ನು ಮತ್ತು
 ನಿರ್ದಿಷ್ಟಗಳನ್ನು ಶ್ವೇತೇಶ್ವರ ಶಾಖೆಯಲ್ಲಿ ಉಪಯುಕ್ತವಾಗಿ ಬಳಸುತ್ತದೆ. ಶ್ವೇತೇಶ್ವರ
 ಯೋಗೋಪಾಸನವು ಯೋಗದ ಹಾಗೂ ಕೆಲವು ಸಮಯಗಳಲ್ಲಿ ಶ್ವೇತೇಶ್ವರ
 ಸನ್ನಿವೇಶಗಳನ್ನು ಯೋಗದ ವಿಕಾಸವು ಉದಯವಾಗುವುದು ಹಾಗೂ ಯೋಗೋಪಾಸನವು
 ಕುಂದು ಅಧ್ಯಯನ ಮಾಡುತ್ತದೆ.

ಶ್ವೇತೇಶ್ವರ ಯೋಗೋಪಾಸನದ ತಂತ್ರಗಳು

ಶ್ವೇತೇಶ್ವರ ಯೋಗೋಪಾಸನದ ಕ್ಷೇತ್ರವು ಯೋಗದ ತಂತ್ರಗಳನ್ನು ಕೇಂದ್ರಿಸಿ
 ಪ್ರಕ್ರಿಯೆಗಳಿಗೆ ಹಾಗೂ ತಂತ್ರಗಳನ್ನು ತಂತ್ರವು ಮಾಡುವುದು ಯೋಗದ
 ತಂತ್ರವು ಪ್ರಕ್ರಿಯೆಗಳು ಮತ್ತು ಯೋಗದ ಪ್ರಕ್ರಿಯೆಗಳು ಅಧ್ಯಯನವನ್ನು
 ಉಪಯುಕ್ತವಾಗಿಸುತ್ತದೆ. ಶ್ವೇತೇಶ್ವರ ಯೋಗೋಪಾಸನವು ಕೇವಲ ಇಷ್ಟೆಷ್ಟು
 ವ್ಯಕ್ತಿಗಳನ್ನು ಪ್ರಯೋಗಿಸಿ ತ್ವರಿತವಾಗಿ ಯೋಗೋಪಾಸನವು ಅಧ್ಯಯನವನ್ನು
 ಕಂಡಿದೆ. ಇದು ಯೋಗೋಪಾಸನವು ಸುತ್ತಲಿನ ತಂತ್ರಗಳನ್ನು
 ತಂತ್ರವು ಯೋಗೋಪಾಸನವು ಇದು ಯೋಗೋಪಾಸನವು ಯೋಗೋಪಾಸನವು
 ನಿಯಮಿತವಾಗಿ ಕಂಡುಬರುತ್ತದೆ.

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MS
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Hassan Dist

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PSYCHOLOGY RECORD

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This is to certify that Smt./Sri. Kanakaraja... Lakkalakatti
has satisfactorily completed the course of experiments in
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Year 2023 -2024



Signature of the Teacher
Incharge of the Batch



Head of the Department

Date... 04 / 06 2024

Name of the Candidate... Kanakaraja... Lakkalakatti

Reg. No. U29YH23E0055

Examination Centre JSS Institute of Education Sakaleshpur

Date of the Practical Examination



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EDUCATIONAL PSYCHOLOGY

Introduction

Educational psychology is the branch of psychology in which the findings of psychology are applied in the field of education. It is the scientific study of human behaviour in educational setting. Education by all means in an attempt to mould and shape the behaviour of the pupil it aims to produce desirable changes in him for the allround development of his personality.

Thus educational psychology concerned primarily with understanding the process of teaching and learning that take place within formal environment and developing way of improving these methods. It covers the important topics like learning theories, teaching methods, motivation, cognitive emotional and moral development and parent child relationship etc. In short it is the scientific discipline that addresses the questions "why do some student learn more than others what can done to improve the learning."

Meaning of educational psychology

Education psychology may be defined as the study of the human mind and behaviour with relation to teaching learning process. Educational psychology involves all the people who learn and help learning, teach and help teaching. Educational psychology is one of the branches of applied

psychology concerned with the application of the principles, techniques, and other resource of psychology to the solution of the problems confronting the teacher attempting to direct the growth of children toward defined objective. Educational psychology is concerned with the understanding of the child his development, his needs and his potentialities. It the learning situation including group dynamics as it affect learning. iii. The learning process its nature and the ways to make it effective. They are also concerned with research on issues of relevance for education, counselling and learning problems.

Definitions

According to Skinner :

Educational psychology covers the entire range of behaviour and personality as related to education, It is the branch of psychology deals with teaching and learning.

Slavin:

Educational psychology as " Research on student, teaching and learning process on education process. Skills values and attitude. Distracted from teacher to student in the classroom, including psychology principle in teaching.

Educational psychology is the science of Education.

• Crow and Crow

Educational psychology describe and explains learning experience of an individual from birth to old age.

Educational psychology is the application of the findings and theories of psychology in the field of the education.

Nature of educational psychology

Its nature is scientific as it has been accepted that it is a science of education, we can summarize the nature of educational psychology in the following ways.

1. Educational psychology is a science

Science is a branch of study concerned with observation of facts and establishment of verifiable general laws science employs certain objective methods for the collection of data. It has its objectives of understanding, explaining, prediction and control facts, like any other science educational psychology has also developed objective methods of collection of data it also constant understanding predicting and controlling human behaviour.

2. Educational psychology is a natural science.

An educational psychology conducts investigation gathers his data and reaches his conclusions in exactly the same manner as physicist or the biologist.

Educational Psychology is a social science.

Like the sociologist, anthropologist, economist or political scientist the educational psychologist studies human beings and their sociability.

Educational psychology is a positive science

Normative science like logic or ethics, deals with facts as they ought to be. A positive science deals with facts as they are as they operate. Educational psychology studies the child's behaviour as it is not as it ought to be so it is a positive science.

Educational psychology is an applied science.

It is the application of psychological principles in the field of education. By applying the principle and techniques of psychology, it tries to study the behaviour and experience of the pupils. As a branch of psychology it is parallel to any other applied psychology. For example educational psychology draw heavily facts from such areas as developmental psychology, clinical psychology, abnormal psychology and social psychology.

Educational psychology is a developing or growing science.

It is concerned with new and ever new research. As research finding accumulate educational psychology get better synthesize into the child's nature and behaviour.

Scope of educational psychology

The scope of educational psychology is ever growing due to constantly researches in this field. The following factors well indicate the scope of educational psychology.

1. The Learner

The subject matter of education psychology is kurted around the learner. Therefore the need of knowing the learner and the techniques of knowing him, well the topics include the innate abilities and capabilities of the individual differences and their measurements, the conscious as well as unconscious behaviour of the learner. The characteristic of his growth and development and each stage beginning from childhood to adulthood.

2. The Learning experience

Educational psychology helps in deciding what learning experience are desirable at what stage of the growth and development of the learner, so that these experiences can be acquired with a greater ease and satisfaction.

3. Learning process

After knowing the learner and deciding what learning experience are to be provided educational psychology moves on to the laws, principles and theories of learning other items in the learning process are remembering and forgetting, purceiving, concept formation.

thinking and reasoning, problem solving, transfer of learning ways and means of effective learning etc

Learning situation or Environment

Topic like classroom climate and group dynamics techniques and aids that facilitate learning and evaluation techniques and practices, guidance and counselling etc for the smooth functioning of the technique of teaching learning process.

It studies human behaviour is educational situations, psychology is the study of behaviour and education deals with the modification of behaviour, hence educational psychology pervades the whole field of education.

It studies the growth and development of the child how a child passes through the various stages of growth and what are the characteristic of each stage are included in the study of educational psychology.

Educational psychology deals with the nature and the development of the personality of an individual. In fact education has been defined as the all round development of the personality of an individual.

It studies the individual difference every individual differs from every other individual it is one of the fundamental facts of human nature which have been brought to high by psychology

9. It studies the mature intelligence and its measurement this is of utmost importance for a teacher.

10. It provides guidance and counselling.

Education is nothing but providing guidance to the growing child.

Importance of Educational Psychology

- * Helps the teacher in understanding developmental characteristics of children.
- * Equips the teacher with the knowledge of principles of learning and problems in learning.
- * Helps in understanding individual differences
- * Gives to the teacher appropriate knowledge of teaching methods.
- * Psychological tests and tools help the teacher to assess the learning outcomes of students.
- * Understanding group dynamics
- * In learning the various factors which are responsible for the mental ill health and maladjustment of students
- * Helps the teacher in developing and using appropriate audio-visual aids
- * Helps in planning co-curricular activities and timetable etc
- * In solving problems of indiscipline among the students.

Methods of Educational Psychology

Introspection Method

This is one of the oldest method which was previously used in psychology. It means looking within or into the working of our minds and reporting what we find there.

Observation Method

This method involves looking outside one's own self. There are different types of observation such as natural or artificial, scheduled or unscheduled, participant and non-participant and direct or indirect.

Experimental Method

This method has focused on different ways of of recognition. It shows the effect of different factors on learning, mental fatigue, imagination duration of attention and the role of maturation in their lives and in learning.

Clinical method

This method is used to collect detailed information on the causes and sources of peoples fears, worries, obsession their maladjusted diverse causes.

5. Genetic or Developmental method.

This method shows how a simple behaviour pattern in one's childhood can become complex gradually with age and become a major behaviour pattern as the person grows up.

6. Testing method

This method comprises psychological tests educational measurements rating scales, Checklists admission management and questionnaires, Rating scales and checklists are the two most important elements that help in observing and evaluating one's personality and traits.



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Psycho-Social Tools and Techniques

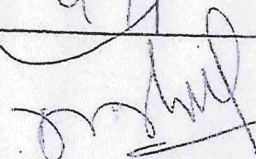
Marks Assessment Profile

Name: Kanakarejja Lakshakatti

Roll No: 1129YH23E0055

Sl.No	Experiments (Each Experiment carry 8 Marks)	Max Marks	Marks Awarded
1	Physical Fatigue	8	8
2	Case study	8	8
3	Rote learning and logical memory	8	8
4	Personality	8	8
5	Intelligence	8	8
6	Maintenance of Practical Records	10	9
Total Marks		50	49


Signature of Teacher-trainee


Signature of Teacher-Educator

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